CGA ONE-DAY TOURNAMENT SERIES FAQ's

One-Day Individual, One-Day Four-Ball, Ladies Play Days, Senior Four-Ball One-Days

Effective January 2026

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1. Why should I play in a One-Day Tournament?

A One-Day Tournament gives CGA members the chance to compete at new courses and meet new players in the Carolinas they would not otherwise have an opportunity to. All One-Day tournaments participants play in divisions based on either handicap index, age, or gender to encourage both new tournament players and seasoned players.

2. Who is eligible for a One-Day Tournament?

The Carolinas Golf Association One-Day Tournaments are open to all CGA members, age 13 or older (men and women) for One-Days; age 13 or older for Ladies Play Days (women only), and age 55 or older for Senior Four-Ball One-Days (men only), of all skill levels with a current Handicap Index® issued by a CGA Member Club.

3. What tournament formats are available at a One-Day Tournament?

-*Individual:* 18 holes of individual stroke play. Gross scores and Net scores.
-*Four-Ball:* 18 holes of four-ball stroke play (two-person best ball). Two-person teams that play and count the best score between the two players for the team score per hole. Gross scores and Net scores.
-*Two-Day Individual:* 36 holes of individual stroke play over two days. Gross scores and Net scores.
-*Two-Day Team:* 18 holes of four-ball stroke play and 18 holes of modified alternate shot over two days. Gross scores and Net scores.
****All One-Day Individual, Four-Ball & Senior Four-Ball Tournaments utilize a maximum score of 9 gross strokes on a hole. See Rule 21.2.****
****All Ladies Play Day Tournaments utilize a maximum score of 10 gross strokes on a hole. See Rule 21.2.****

4. How many handicap strokes will I get?

-One-Day Individual: All players receive 100% of their Course Handicap
-One-Day Four-Ball & Senior Four-Ball: Course handicaps are limited to **30** strokes. Players will play to 85% of their Course Handicap.
-Ladies Play Day: Course handicaps are limited to **45** strokes. Players will play to 85% of their Course Handicap.

Course Handicaps are calculated by applying players' Handicap Index at the close of entries to the Course Handicap Table based on the Slope Rating of the set of tees they are playing.

5. How do I sign up to play?

Entries are accepted online at cga.golfgenius.com. All entries open at 8:00pm on the opening night.
Click here to view Registration FAQs.
Entry Information for Each tournament can be found on that events portal page.

6. Can I make pairings or tee time requests?

Individual: Yes, pairing/tee time requests must be made during the registration process. We do our best to honor requests, but they are not guaranteed.
Four-Ball: No, pairings or tee times requests are not accepted or granted.

7. How many divisions are in a One-Day Tournament?

-Individual One-Day Tournaments will consist of five divisions.
Players may sign up in any division in which they are eligible.
Long Tee Division: No index restriction; age 13+
Regular Tee Division: No index restriction; age 13+
Senior Tee Division: No index restriction; age 55+
Super Senior Tee Division: No index restriction; age 65+
Women Division: Women only, no index restriction; age 13+
*Some divisions will be flighted based upon handicap index to balance division sizes.

-Four-Ball One-Day Tournaments will consist of five divisions based upon yardage and gender. Pick the division based upon the tee you wish to play. Players may sign up in any division in which they are eligible. Both team members play the same tees.
Long Tee Division: age 13+
Regular Tee Division: age 13+
Short Tee Division: age 13+
Mixed Division: age 13+ (team consists of one man and one woman)
Women's Division: women only, age 13+
*Some divisions will be flighted based upon low team player handicap index to balance division sizes.

-Senior Four-Ball One-Day Tournaments will consist of three divisions based upon age.
Players may sign up in any division in which they are eligible. Both team members play the same tees.
55+: both partners age 55+
65+: both partners age 65+
70+: both partners age 70+
75+: both partners age 75+

*Some divisions will be flighted based upon low team player handicap index to balance division sizes.

-Ladies Play Days will consist of one division broken down into flights based upon low team player handicap index. Both team members play the same tees.

8. What tees will I play at a One-Day Tournament?

Tees will be identified on the player information sheet for each tournament. These information sheets are available at each tournament website. General yardage guides are available on each event portal page. Note that actual yardage may be outside of range based upon tees available at tournament site.

-Individual:
Long Tee Division: 6300-6900 yards
Regular Tee Division: 5800-6400 yards
Senior Division: 5800-6400 yards
Super Senior Division: 5400-6000 yards
Women: 4600-5200 yards

-Four-Ball (both team members play the same tee except for Mixed); p*ick the division based upon the tee you wish to play*:
Long: 6300-6900 yards
Regular: 5800-6400 yards
Short: 5400-6000 yards
Mixed: male 5400-6000 yards/female 4600-5200 yards
Women: 4600-5200 yards

-Senior Four-Ball (both team members play the same tee) Pick the division in which you are eligible:
55+: 6000-6400 yards
65+: 5600-6000 yards
70+: 5000-5600 yards
75+: 5000-5600 yards

-Ladies Play Days (both team members play the same tee):
LFBPD: 4800-5300 yards

9. What happens when there is a tie for any prize position at a tournament?

Ties will be broken by a method of matching scorecards, which is determined by using Holes 10-18, then Holes 13-18, the Holes 16-18, then Hole 18. If a tie still exists, we will match scorecards beginning with Hole 18, going backwards.

10. What are the awards for a One-Day Tournament?

Awards will be given to the first Gross and first Net finishers in each division (if there over 3 competitors). Typically, 1/3 of each division or flight wins merchandise certificates. The total number of awards in each division are determined by size of division. Club Merchandise gift cards are awarded.
Ladies Play Days typically include lunch and will payout based on flight sizes.

11. What are the Series Championships & Race to the Carolinas Cup?

In all One-Day Tournaments, players will earn points toward earning a spot in the year end championships. The Series Championships or Race to the Carolinas Cup are typically played in November/December each year. These events include golf and a special gift for all competitors. There are separate events for each one-day tournament.

-One-Day Individual Series Championship: for top ranked players on the One-Day Series points list
-One-Day Four-Ball Series Championship: for top ranked players on the One-Day Series points list
- Senior Four-Ball Series Championship (55+/75+): for top ranked players on the 55+ Series points lists and the 75+ series points list
- Senior Four-Ball Series Championship (65+/70+): for top ranked players on the 65+ Series points lists and the 70+ series points list
-Carolinas Cup: for top ranked players on Race to the Carolinas Cup Standings from Ladies Play Day Tournaments

12. How do I cancel or withdraw from a tournament? What is the refund policy?

To withdraw for any reason before the start of a CGA competition, click here to access your profile and withdraw online. Click Here to View withdrawal instructions.

If a player needs to withdraw on the morning of the event, notify the CGA staff person through the golf shop staff at the host venue. Failure to notify the CGA (No Show) will subject the player to

suspension from future CGA One-Day Tournaments.

Refund Policy

Any withdrawal within **three (3) days before** the first day of the tournament will not receive a refund. All other withdrawals are subject to a $30 admin fee. Refer the table below for the deadline to withdraw with a refund less the admin fee.

Deadline for Refund (less admin fee) at 11:59 pm	**First Day of Tournament**
Thursday	Monday
Friday	Tuesday
Saturday	Wednesday
Sunday	Thursday
Monday	Friday
Tuesday	Saturday
Wednesday	Sunday

13. What is the CGA adverse weather policy?

All efforts are made to conduct tournaments as scheduled. This means playing in conditions from beautiful sunny days to cold, wet, and windy days. Tournaments/Rounds are generally only cancelled when the course is closed due to standing water or unsafe conditions exist, or are expected to exist, for a significant period of time. Tournament/Round cancellations are usually not made more than 24 hours in advance of play. All players are notified via email and text message if/when changes are made to a tournament's schedule.

14. What if I am late to a tournament I am signed up for?

Rule 5.3 states, if the player arrives at his/her starting point, ready to play, within five minutes after his starting time, the penalty for failure to start on time is loss of the first hole in match play or two strokes at the first hole in stroke play. Otherwise, the penalty for breach of this Rule is disqualification.

If player is late, they may still join group and play, but will not be eligible for any prizes. Please call the host venue to notify the CGA staff you are running late.

15. What is the CGA Pace of Play Policy?

You should play at a prompt pace throughout the round, including the time taken to prepare for and make each stroke, move from one place to another between strokes and move to the next teeing area after completing a hole. You should be prepared for your next stroke and be ready to play when it is your turn.

Rule 5.6 states, in part: "The player must play without undue delay and in accordance with any pace of play guidelines that the Committee may establish," and thereafter prescribes penalties for slow play. It is recommended that a player make a stroke in quicker than 40 seconds.

The following Pace of Play policy is in effect for One-Day Tournaments.

Shotgun Start: The CGA One-Day Tournament Committee reserves the right to disqualify an individual player, side (four-ball team) and/or the entire group if they return their scorecard to the Official-In-Charge (OIC) more than **25** minutes after the group that starts directly in front of them.

Tee Times Start: The CGA One-Day Tournament Committee reserves the right to disqualify an individual player, side (four-ball team) and/or the entire group if they return their scorecard to the Official-In-Charge (OIC) more than **25** minutes after the group that starts directly in front of them AND over the posted pace of play time on the scorecard.

Click here to view full Pace of Play policy

16. Does the CGA monitor handicaps?

As part of an ongoing effort to make CGA net competitions (including all CGA One-Day Tournaments) as enjoyable as possible for all participants, the CGA Rules and Handicap Committee reviews all scores posted during CGA net competitions. The purpose of the World Handicap System is to make the game more enjoyable by enabling players of differing abilities to compete on an equitable basis. A player's Handicap Index (H.I.) is a mark used to measure potential scoring ability.

In One-Day Four-Ball, Senior Four-Ball One-Day, and Ladies Play Days, the CGA implements the Four-Ball Handicap Reduction Policy. Individuals or teams who record a Lowest Net Score (LNS) in two or more tournaments within the 12 month period prior to the tournament will be subject to reduced playing handicaps. The reduction may be reduced for an individual if that player's ratio of LNS to the number of Four-Ball competitions is less than 1 in 5. The Lowest Net Score (LNS) is defined as being a member of a team with the lowest net team score (includes ties) in a division in a CGA four-ball tournament with net scoring. This rule is in effect for CGA One-Day Four-Ball tournaments, CGA One-Day Senior Four-Ball tournaments, and Ladies Play Days or in a combination of these programs. Competitors who qualify for this reduction will be subject to the following playing handicap reduction for any CGA Four-Ball tournament using net scoring:

2 LNS	10% reduction of Playing Handicap
3 LNS	20% reduction of Playing Handicap
4 LNS	30% reduction of Playing Handicap
5 LNS	40% reduction of Playing Handicap
6 LNS	50% reduction of Playing Handicap

The CGA monitors handicap score posting and reserves the right to adjust course handicaps and/or withhold prizes for competitors whose handicaps are considered unrealistic or who have participated in a disproportionate share of CGA prize distributions.

17. Where can I find more information about CGA's tournament policies?

Please click here for a list of all CGA tournament policies in the CGA Tournament Manual.

18. Where can I find the CGA's One-Day Tournament Rules of Play?

One-Day Individual Rules of Play
One-Day Four-Ball Rules of Play
Senior Four-Ball One-Day Rules of Play
Ladies Play Day Rules of Play

19. How do I keep score in the CGA One-Day Tournament?

Individual: The maximum gross score per hole is 9, and players are encouraged to stop playing the hole when they reach a score of 9 and record the maximum score for that hole.

Four-Ball/Senior Four-Ball: The maximum gross score per hole is 9, and players are encouraged to stop playing the hole when they reach a score of 9 and record the maximum score for that hole. If you pick up because your partner's ball is going to count for both team gross and net, write down an X and the score you most likely would have made.

For example, if your partner's ball is already holed for four and will count for team gross and net and you lie 6 on the putting green one foot from the hole, you are allowed to pick up your ball and assuming you would make the one foot putt, you would write down an X – 7 for your score on that hole.

Ladies Play Day: The maximum gross score per hole is 10, and players are encouraged to stop playing the hole when they reach a score of 9 and record the maximum score for that hole.
If you pick up because your partner's ball is going to count for both team gross and net, write down an X and the score you most likely would have made.

For example, if your partner's ball is already holed for four and will count for team gross and net and you lie 6 on the putting green one foot from the hole, you are allowed to pick up your ball and assuming you would make the one foot putt, you would write down an X – 7 for your score on that hole.